

# The CAR T-Cell Therapy Process

Below explains how the CAR T-cell therapy process works. For more detailed information about this process, visit **www.LLS.org/CART**.



## THE PATIENT AND DOCTOR TALK

- A patient decides with his/her doctor that CAR T-cell therapy is the right treatment option.
- The patient then schedules a time in the hospital or treatment center for his/her T cells to be collected.





## IN THE HOSPITAL/ TREATMENT CENTER

- Blood is taken from the patient.
- The white blood cells (which include T cells) are separated out and the rest of the blood is put back into the patient's bloodstream. This is called leukapheresis.
- The patient's T cells are sent to the lab/ manufacturing facility.





- The patient's T cells are modified or genetically engineered (changed) to find and kill cancer cells.
- The engineered T cells are now called CAR T cells.
- The patient's CAR T cells are multiplied until there are millions of them. Then, they are frozen.
- The patient's CAR T cells are sent back to the hospital or treatment center where the patient is being treated.





#### IN THE HOSPITAL/ TREATMENT CENTER

- The patient receives a course of chemotherapy to reduce the number of normal T cells in the body to make space for the CAR T cells.
- The patient's CAR T cells are thawed and then put back into the patient's bloodstream.





#### IN THE PATIENT'S BODY

- The CAR T cells multiply in the patient's bloodstream.
- The CAR T cells find and kill the cancer cells.
- The CAR T cells may remain in the bloodstream to attack if cancer returns.





### MONITORING THE PATIENT

- The patient's doctor will monitor the patient for side effects. The patient may need to stay in or return to the hospital for a period of time.
- The doctor will continue to follow up with the patient to understand the long-term results of the treatment.

LLS appreciates the review of this material by

Frederick L. Locke, MD

Associate Member and Vice Chair, Department of Blood and Marrow Transplant and Cellular Immunotherapy Moffitt Cancer Center, Tampa, FL Support for this publication provided by







PS100 15M 9/19